

Theru Kadai

0161 637 6478

Wed, Thurs, Sun: 5pm-9pm

Fri, Sat: 5pm-10pm

Mon, Tues: Holiday

If you suffer from a food allergy or intolerance, please let us know when placing your order.

Onions and coriander may be found in many dishes.
V – Vegetarian; VG – Vegan; GF – Gluten Free

While You Wait

Pappadum and Chutney(V, VG) – Thin, crisp, disc-shaped food ...0.99

STARTERS

Veg

Masala Peanuts (VG, GF) – Peanuts with fresh onions, tomatoes, lemon juice, coriander and chaat masala...3.00

Medhu Vadai(2) (VG, GF) – Crispy, savoury deep fried fritter made from lentil and spices ...3.00

Chilli Paneer (GF) – Indian cottage cheese tossed with onions, peppers and spices...3.95

Veg Samosa(2) – Deep fried shell stuffed with vegetables and spices...2.25

Non-Veg

South Indian Fish Fry (GF) – Marinated with Indian spices and shallow fried...4.00

Chicken 65 (GF) – Spicy marinated chicken, deep fried...3.95

Chilli Chicken (GF) – Fried spicy chicken tossed with chilli sauce, onions and peppers...4.00

Lamb or Chicken Samosa(2) – Deep fried shell stuffed with meat and spices...2.50

Chaat Corner (V)

Paapdi Chaat – Deep fried tortilla, sev and chickpeas topped with yogurt, tamarind sauce and onions...2.99

Bhel Puri (GF) – Puffed rice coated with tamarind, mango and yogurt sauces, onions, sev and chickpeas...2.99

Dahi Puri – Puffed hollow pastries filled with seasoned chickpea, onions, sauces, yogurt and coriander...3.50

Pani Puri (VG) – Puffed hollow pastries filled with chickpea and onions accompanied with spice flavoured water...3.50

MAINS

Naan Wrap Served With ...

Veg (V) ask for vegan option (VG) ...6.00

Paneer (Cottage cheese) (V)...6.50

Chicken... 6.50

Lamb...9.00

Theru Kadai Flavours (GF)

Palak Paneer (V) – Indian cottage cheese cooked with spinach and garam masala...7.00

Lamb Rogan Josh – Curried meat in rich tomato-based sauce...9.00

Chicken /Lamb Karahi – Cooked with ginger, garlic and spicy onion and tomato sauce...7.50 / 9.00

Chicken /Lamb Kadai – Cooked with onions, tomatoes, ginger, garlic, peppers and spices...7.50 / 9.00

Special curries from south Indian states (GF)

Tamil Nadu

Chicken / Lamb Chettinad – Cooked with onions, tomatoes, ginger, garlic and Chettinad spices...8.00 / 9.50

Channa Masala (V, VG) – Chickpea cooked with onions, tomatoes and various spices...7.00

Kerala (contains coconut oil and coconut milk)

Mushroom Toran (V, VG) – Sautéed with onions, shredded coconut and various spices...6.00

Chemin curry (Prawn) – Marinated prawns cooked with onions, tomatoes and spicy masala...9.50

Andhra Pradesh

Tomato Pappu (Lentil) (V, VG) – Combination of lentils and tomatoes...6.00

Kodi veppudu (Chicken) – Spicy chicken dry...7.50

Karnataka

Udupi mixed veg curry (V, VG) – Mixed vegetables braised in a spiced sauce...6.00

Kori Keera curry (Chicken) – Chicken cooked with spinach and garam masala...7.50

Rice Specials

Biryani (GF) served with Raita (yogurt, onions & chaat masala)

Chicken Biryani – Basmati rice cooked with chicken and spices...7.00

Lamb Biryani – Basmati rice cooked with lamb and spices...9.00

Veg Biryani (V, VG) – Basmati rice cooked with vegetables and spices...6.95

TK's Special Biryani – Basmati rice cooked with chicken, lamb, Indian cottage cheese and spices...9.50

SIDES

Jeera Pulav (V, VG, GF) – Basmati rice cooked with cumin and spices...2.00

Mixed veg Pulav (V, VG, GF) – Basmati rice cooked with vegetables and spices...2.50

Paneer Pulav (V, GF) – Basmati rice cooked with Indian cottage cheese and spices...3.95

Plain Basmati Rice (V, VG, GF) – Boiled basmati rice...1.50

Egg Rice(GF) – Basmati rice with egg...2.00

Chips...1.99

Bread

Plain naan (V, VG) ...1.00

Garlic Naan(V) ...1.50

Chapati (2) (V, VG) – Thin round flat bread made of wheat flour...1.50

Parotta (V) – Fluffy thick bread made of plain flour, oil and butter...1.50

DESSERT (V)

Kulfi – Mango / Pista (Stick or Scoop) (GF) – Traditional Indian ice-cream...2.50

Gulab Jamun – Deep fried milk dumpling dipped in rose flavoured sugar syrup...3.00

Gulab Jamun with ice cream – Deep fried milk dumpling dipped in rose flavoured sugar syrup and ice-cream...4.00